# Sport and Health Sciences

# AMTI Force Plate User Guide



**Note**: These guidelines apply when using the floor forceplate with the force plate PC in RB01 (teaching lab).

# **Equipment Preparation**

1. Connect floor force plate to top of amp (left of the TV).



2. Adjust amp gain settings to 1000 (i.e. set all switches to 'close' on all channels).



- 3. Switch amp on
- 4. Switch on force plate PC.

# **Force Plate Software Preparation**

1. Open AMTINetForce software

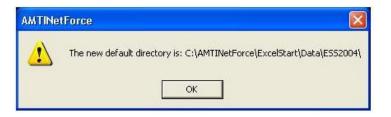


2. Click Startup → Hardware zero

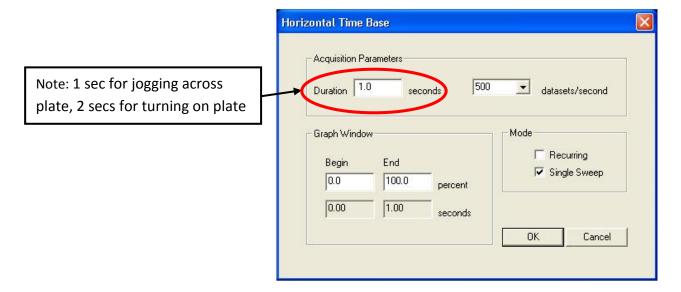


### 3. Select save location

- i. Either, set up new data folder
  - Click DataFolder → Select folder → Create new data folder within directory C:\AMTINetForce\ExcelStart\Data → Open
- ii. Or, select an existing data folder:
  - Click DataFolder → Select folder → Select directory
     C:\AMTINetForce\ExcelStart\Data → Select appropriate folder and open.
  - A message will confirm the folder you have selected

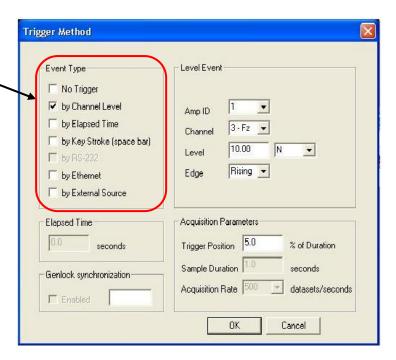


- 4. Set up data acquisition parameters
  - Click Settings → Acquisition settings
  - In "horizontal time base" window set parameters as shown in image:



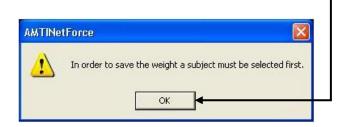
- 5. Set up trigger settings
  - Click Settings → Trigger settings
  - In "Trigger method" window set parameters as shown in image:

Note: Channel level to start data collection as participant hits the plate; key stroke to start data collection with the participant on the force plate



## **Data collection**

1. Start → Ignore the warning window by clicking OK until it disappears



2. Click Tare → Arm

Test Sequence

Trial Description:

Subject Start Tare Arm Saye Analyze Next

- 3. Have participant perform required action
  - If small green bar at top of screen goes red = Error → Repeat trial.
  - Data collection must be continuous with no pauses/stops to avoid issues in subsequent analysis.
- 4. Save
- Use a simple file name with no spaces or punctuation.

# **Exporting data**

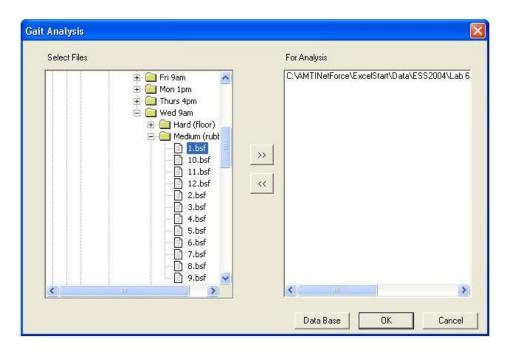
1. Open BioAnalysis software



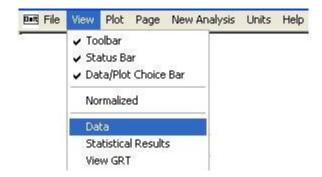
2. Analysis → Gait (even if doing a balance task)



3. Select file (s)  $\rightarrow$  Move across to 'For Analysis' column  $\rightarrow$  OK



4. View → Data



### 5. Save

Only platform 1 is real data (platform 2 is 'noise')



6. Open Excel → Open → Select all file types → Select file → Set delimiter to comma only (i.e. uncheck tab) → Next → Finish.